## Family Advice and Guidance

(Telephone Service Mon – Fri, 9.00am - 5.00pm)

Free confidential advice and support for you and your family.

To book a slot, please call 1st Place reception on 020 7740 8070.



The Rose Vouchers for Fruit & Veg Project gives vouchers to buy fruit and veg locally to families on low incomes or with no recourse to public funds (NRPF), who have children under 5 years old.

To find out more visit www.1stplace.uk.com/rosevouchers



Find 50 low or no cost family activities in the free 50 Thinas to Do Before You're Five app.

Download from Google Play or Apple Store.



# **Family Support Referrals**

Family Support referrals can be completed by a professional or you can self refer by contacting the Family Early Help team on 020 7525 1922 or email earlyhelp@southwark.gov.uk.

Visit our website to view and download our courses timetable. It's packed full of activities for you and your little one!











## www.1stplace.uk.com

# 1st Place Stay & Play













# 1st Place Stay & Play Summer Timetable April 2024 - July 2024

Packed full of activities for you and your little one!

1st Place Family Hub 12 Chumleigh Street **Burgess Park** SE5 ORN



**Victory Family Hub** Elba Place **SE17 1PT** 



Scan QR Codes to get directions (opens in google maps).



BBWCFC@1stplace.uk.com



020 7740 8070

For more information about our Stay & Play sessions please contact our Early Year's Practitioners: Judy 07599 654442, Libby 07759 523217 or Fatema 07513 136826







### MONDAY

## TUESDAY

## WEDNESDAY

#### **SENsational (drop-in)**

A session planned to support young children with additional and special educational needs. Through play we encourage the development of early attention and communication skills. The session particularly supports children with Autism, Global Development delay, ADHD and other additional needs.

2 pm - 3:30 pm Every Monday, except Bank Holidays 1st Place Family Hub, 12 Chumleigh St, SE5 ORN

For more information please email BBWCFC@1stplace.uk.com or childrenscentre@ivydale.southwark.sch.uk

#### Mums2B (drop-in)

An opportunity to meet other mum's and our Early Years Practitioners and find out what our Family Hubs have to offer. We can also advise and help source items you may need for when your baby arrives.

3:30 pm - 4:30 pm every Monday, except Bank Holidays 1st Place Family Hub, 12 Chumleigh St, SE5 ORN.

#### **Breastfeeding Drop in Group**

Join a calm and comfortable environment where you can access information, practical advice and support on breastfeeding. We have created a welcoming space led by healthcare professionals and peer supporters where friendships become a community of support for new parents.

12 – 2 pm, every Monday, except Bank Holidays at 1st Place Family Hub. Please contact Bukky on 07904 615067 if you would like more information.

#### Chatter Time (drop-in)

Tips and advice on the development of speech and language run by our link Speech and Language Therapist and Early Years Practitioners.

10 am - 11:30 am Term time only starting 16th April Victory Family Hub, Elba PI, SE17 1PT

#### Baby Time (drop-in)

An informative session aimed for parents of babies who are not yet crawling. We offer tips and advice on babies learning and development, ending with songs and rhymes.

2 pm - 3:30 pm every Tuesday Victory Family Hub, Elba Pl, SE17 1PT

Rose Voucher Collections Victory Family Hub

9:30 am - 12 pm & 1 pm - 3 pm

## Bookstart (drop-in)

Play crafts and stories for under-fives.

10 am - 11:30 am Term time only

Una Marson Library, 62 Thurlow Street, SE17 2GN

#### Early Words Together (drop-in)

A play session to support early literacy and communications skills. Join us for tips to promote fun story times and encourage a lifelong interest in reading and writing.

2 pm - 3 pm Term time only starting 17th April Victory Family Hub, Elba Pl, SE17 1PT

**Rose Voucher Collections** 

1st Place Family Hub

9:30 am - 12 pm & 1 pm - 3 pm

#### Never miss a thing...

Join the Southwark Parent and Carer Forum WhatsApp group to up to date with activities, services and support available in Southwark. Scan the QR code to join.

Important notice: 1st Place Family Hub is closed the week of 27th May – 31st May 2024.

### Family Advice and Guidance

Telephone Service Mon – Fri, 9.00am - 5.00pm

Free confidential advice for you and your family. Call 1st Place reception on 020 7740 8070 to book a slot.

Did you know we also run free courses? Find out more at www.1stplace.uk.com/timetable

## THURSDAY

#### Healthy Movers (drop-in)

Join us for a lively stay and play focusing on getting moving, plus tips and ideas to try at home. We end the session with interactive story telling and rhymes with movement.

10 am - 11:30 am every Thursday Victory Family Hub, Elba Pl, SE17 1PT

#### Baby Stay & Play (drop-in)

A session planned for crawling and just walking babies. Watch your baby explore and interact with other babies, Finishing with songs and rhymes.

2 pm - 3:30 pm every Thursday at Victory Family Hub

## FRIDAY

#### 50 Things Stay and Play (drop-in)

Join us for a session that features ideas for activities linked to the 50 things To Do Before You're Five app. Early Years Practitioners share ideas for fun activities to do for free. Session ends with an interactive story and rhymes.

1:30 pm - 3 pm every Friday

1st Place Family Hub, 12 Chumleigh St, SE5 ORN

Download the 50 Things app on your smart phone, Search '50 Things' in your app store.



## SATURDAY

### Fathers and Male Carers Stay & Play (drop-in)

Join us for a play session where you and your little ones can meet other children and male carers. Grandad's, uncles and brothers are also welcome!

10:30 am - 12:30 pm April 6th 20th, May 11th 18th, June 1st 15th 29th , July 13th 27th

1st Place Family Hub, 12 Chumleigh St, SE5 ORN

#### SENsational (drop-in)

Please see description under Monday. For more information please email <a href="mailto:childrenscentre@ivydale.southwark.sch.uk">childrenscentre@ivydale.southwark.sch.uk</a> or BBWCFC@1stplace.uk.com

1 pm - 3 pm April 27th, May 18th, June 29th, July 27th 1st Place Family Hub, 12 Chumleigh St, SE5 ORN

